



## **Heartsaver® Bloodborne Pathogens Course**

### **Frequently Asked Questions Document**

*As of February 5, 2009*

**Q: What is the Heartsaver Bloodborne Pathogens (BBP) Course?**

A: The Heartsaver BBP Course teaches employees how to protect themselves and others from being exposed to blood or blood-containing materials. This course covers the general information portion of the Bloodborne Pathogens Standard 1910.1030 for training of anyone with occupational exposure to bloodborne pathogens. This course does not cover site-specific information.

Per the BBP Standard 1910.1030: “Employers shall ensure that all employees with occupational exposure participate in a training program which must be provided at no cost to the employee and during working hours.”

**Q: What does “occupational exposure” mean?**

A: Per the BBP Standard 1910.1030: “occupational exposure means reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or other potentially infectious materials that may result from the performance of an employee's duties.”

**Q: Why was this course developed?**

A: The American Heart Association (AHA) developed the Heartsaver BBP Course for people who have a reasonable chance of coming into contact with blood or blood-containing materials on a regular basis as part of their job responsibilities. This course was designed to meet the needs of employees who must receive bloodborne pathogens training per the BBP Standard 1910.1030.

According to market research, many AHA instructors currently provide BBP training to employees in companies, but have needed to use competitors’ training programs or develop their own programs due to AHA’s lack of a BBP training course. (See competitive information in Sales/Marketing Information below.) Now AHA and other BBP instructors can meet all of their training needs through the AHA.

**Q: What is taught in the Heartsaver BBP Course?**

A: Content of the Heartsaver BBP Course is based on the acronym PACT, which stands for:

P – Protect: protect against exposure to bloodborne pathogens

A – Act: act quickly & safely if an exposure incident occurs

C – Clean: clean themselves and the area should an exposure incident occur

T – Tell: report exposure to blood or blood-containing materials

**Q: How is the Heartsaver BBP Course delivered?**

A: There are two course delivery options for the Heartsaver BBP Course. The AHA has developed both a classroom-based, instructor-led course and a self-directed online course. Development of both delivery methods is based on competitive market research showing that all AHA competitors have either an online or a classroom BBP course. The AHA offers both delivery models to meet different market needs.

**Q: Who is the target audience for this course?**

A: The Heartsaver BBP Course was designed specifically for the Commercial Market. It is targeted toward settings such as industry, Fortune 1500 companies, occupational health, property management, hospitality, security, and health and fitness staff. Other audiences that may be interested in the Heartsaver BBP Course due to additional state regulations include childcare workers, school personnel, maintenance workers, tattoo artists, and state corrections facilities.

**Q: Can the Heartsaver BBP Course be used to train healthcare providers?**

A: No. This course does not cover necessary bloodborne pathogens training information for healthcare settings/healthcare providers.

**Q: Does Heartsaver BBP meet Occupational Safety and Health Administration (OSHA) requirements?**

A: The Heartsaver BBP Course is designed to meet OSHA requirements when paired with site-specific BBP training.

Per the BBP Standard 1910.1030, training is not complete until employees/students are taught the site-specific information. OSHA holds companies responsible to ensure employees receive both general and site-specific BBP training.

**Q: What are benefits of the Heartsaver BBP Course?**

A: The key benefit of this new course is that it allows the AHA to be a complete training resource for workplaces looking to meet first aid, CPR, AED, and bloodborne pathogens training needs. Other benefits include:

- Course is designed to meet OSHA requirements for bloodborne pathogens training when paired with site-specific instruction.
- PACT acronym and slogan help students learn and retain bloodborne pathogens training
- Course can be completed in approximately one hour, creating an efficient stand-alone course or add-on to first aid CPR, or AED training
- Available in both classroom-based and online formats to meet customers' needs and students' learning preferences

**Q: What is the length of the Heartsaver BBP Course?**

A: The length of the general Heartsaver Bloodborne Pathogens Course (not including site-specific information) is approximately one (1) hour. With optional sections, including scenarios, a written test, and remediation, the course is approximately 1 hour, 20 minutes.

**Q: Will a Spanish version of Heartsaver Bloodborne Pathogens be available? When?**

A: Yes, the Spanish version will be available at the same time as the launch of the English product. Spanish materials include a Spanish Heartsaver BBP Student Workbook and a Spanish Heartsaver BBP Poster. While the Heartsaver BBP Instructor Manual will not be translated into Spanish, the DVD included in the Heartsaver BBP Instructor Package contains both English and Spanish tracks.

**Training Questions:**

**Q: Who can teach the Heartsaver BBP Course?**

A: Per the Standard for BBP training, “the person conducting the training shall be knowledgeable in the subject matter covered by the elements contained in the training program as it relates to the workplace that the training will address.”

Usually, instructors who already teach BBP are qualified. Instructors (AHA or non-AHA) wishing to teach Heartsaver BBP must be content experts knowledgeable of Standard 1910.1030. Instructors also should have reviewed the Heartsaver BBP student and instructor materials and/or taken the online course. BBP instructors do not have to be AHA instructors, and therefore do not have to take the AHA Core Instructor Course and do not receive a Heartsaver BBP instructor card from the AHA.

**Q: Can AHA Heartsaver Instructors teach the Heartsaver BBP Course?**

A: Whether or not a Heartsaver Instructor can teach BBP depends on his or her background and knowledge about BBP. BBP instructors must be thoroughly knowledgeable of Standard 1910.1030.

**Q: What is the student-to-instructor ratio for this course?**

A: This course can be taught in a large group setting due to the course structure. The ratio may be restricted only by the size of the room.

**Q: How often do students need to receive BBP training?**

A: The Standard requires training on BBP every year for any employee with occupational exposure. Standard 1910.1030(g)(2)(iv) states: “Annual training for all employees shall be provided within one year of their previous training.”

**Q: Is there a Heartsaver BBP renewal course?**

A: No. Because the Standard mandates the same training every year, the content is always the same. The full Heartsaver BBP Course should be taken annually either online or in a classroom setting.

**Q: Is Heartsaver BBP approved by OSHA**

A: No, OSHA does not approve course curricula for the American Heart Association or any other training entity.

**Q: Will continuing education credit be offered for this course?**

A: No.

**Q: What are the course completion requirements for Heartsaver BBP? Is a test required?**

A: The course completion requirement for Heartsaver BBP is participation in the classroom course or completion of the online course. Although a test is not required by the AHA, the Heartsaver BBP Course has an optional written test that may be required by some employers. BBP instructors can find information about this optional written test in the Heartsaver BBP Instructor Manual in the section titled, “Course-Specific Details.”

**Q: Is Heartsaver BBP a credentialed course?**

A: No. Students who complete the classroom course will receive a course participation card that is included with their student manual. Students who complete the online course will be able to print a course participation certificate. The card will not include a site-specific check off area since that content is not provided by the AHA.

**Q: Is there a course roster available for the Heartsaver BBP Course?**

A: Yes. The Heartsaver BBP Course roster can be downloaded from the Instructor Network. OSHA requires that training records, such as rosters, be maintained for 3 years. Non-AHA instructors do not have to turn in a course roster to the AHA. AHA instructors must turn in course rosters only if their training center requires it.

**Instructor Materials:**

**Q: What materials do BBP Instructors need to teach the Heartsaver BBP Course?**

A: The instructor will need the following AHA materials to conduct the Heartsaver Bloodborne Pathogens Course:

- Heartsaver Bloodborne Pathogens Instructor Package, which includes:
  - Heartsaver Bloodborne Pathogens Instructor Manual
  - Heartsaver Instructor PowerPoint DVD
  - One English Heartsaver Bloodborne Pathogens Poster\*
  - One Spanish Heartsaver Bloodborne Pathogens Poster\*

\* Posters are also available in packages of five.

**Q: What equipment does the instructor need to teach the Heartsaver BBP Course?**

A: The BBP instructor will need the following equipment to conduct the classroom version of the Heartsaver BBP Course:

- DVD player
- Television or Computer with DVD player
- LCD projector
- Instructor copy of the OSHA BBP Standard
- Optional: site-specific personal protective equipment (PPE) examples
- Optional: biohazard bag
- Optional: non-latex gloves
- Optional: copy of the company's Exposure Control Plan

**Q: Where can BBP Instructors find resources for teaching the Heartsaver BBP Course?**

A: Resources for instructors additional to the Heartsaver BBP Instructor Manual can be found on the public version of the American Heart Association Instructor Network ([www.ahainstructornetwork.org](http://www.ahainstructornetwork.org)).

**Q: Why does the Heartsaver BBP Course use a PowerPoint instead of a video like other AHA courses?**

A: The AHA chose to do a PowerPoint presentation with a voiceover in order to bring the course to the market as quickly as possible. This decision enabled AHA to develop the course prior to the *2010 AHA Guidelines for CPR and ECC*.

**Q: Will AHA be developing a video for the classroom Heartsaver BBP Course?**

A: AHA will consider developing a video for the Heartsaver BBP Course following the release of the *2010 AHA Guidelines for CPR and ECC*.

**Student Materials:**

**Q: What student materials are needed for this course?**

A: Student materials required for the Heartsaver BBP Course depend on the delivery method the student is using to complete the course:

- If participating in the classroom course, each student will need a personal copy of the Heartsaver Bloodborne Pathogens Student Workbook (which includes a participation card)
- If they are taking the course online, each student will need an individual Heartsaver Bloodborne Pathogens Online Course Key.

**Sales/Marketing Information:**

**Q: What competitive information is available on BBP courses?**

**A: INTERNAL INFORMATION ONLY**

**Competitor Course Delivery**

The common training formats are either web-based courses or classroom training. Online course delivery is offered by three known AHA competitors. The classroom course is offered by four known competitors. Classroom training may be conducted at or away from the worksite. Organizations can obtain classroom training from instructors associated with an established training organization or in-house staff prepared to cover BBP curriculum.

**All Common AHA Competitors Offer BBP Training**

Online	Classroom
<ul style="list-style-type: none"> <li>• ECSI</li> <li>• Emergency University</li> </ul>	<ul style="list-style-type: none"> <li>• American AED/CPR Association</li> <li>• American Red Cross</li> <li>• ASHI</li> <li>• ECSI</li> <li>• National Safety Council</li> </ul>

**Competitor Course Offering Characteristics**

- Classroom course length for first-time student is about 2 hours
- Classroom training time for renewing students is approximately half the time of initial course
- Online course length varies from 45 minutes to 2 hours
- Upon successful completion of online and classroom courses, a certification card or printed certificate is provided

**Competitor Course Costs**

- Average classroom course cost is \$20.00; local training centers establish costs
- Online course costs range from \$13.95 to \$19.95
- Average student handbook with a course card cost is \$4.10
- Average Instructor package cost is \$86.00 (DVD or VHS)

**Q: What marketing materials are available for the Heartsaver BBP Course?**

**A:** The following marketing materials will be available on the ECC Heartsmarts Sales & Marketing Tools Index: <http://www.heartsmarts.org/presenter.jhtml?identifier=3053916>.

<b>Material</b>	<b>Purpose</b>
Heartsaver Bloodborne Pathogens Poster	Included in instructor package; also sold separately. To promote PACT and BBP training in settings (training centers, companies) where AHA BBP training is offered. Also, a PDF version will be provided to OSHA as a free resource for their website.
Tip Sheet (with AHA/OSHA Alliance Program logo)	To provide to OSHA as resource for their website; for marketing use at tradeshow and by field sales staff.

Heartsaver BBP Product Information Sheet	To be used by marketing at tradeshow and by field sales staff.
Heartsaver BBP eLearning Flyer & PRO Package Flyer	For online version of course. For “Learn More” on OnlineAHA.org.
FAQ Document(s)	To pose and provide answers to frequently asked questions. Will be several drafts developed: one for OnlineAHA.org that reflects same type of information that is included for other eLearning FAQs on OnlineAHA.org; comprehensive FAQs for field sales staff, Customer Support Center, National Service Center, ECC distributors.
Online Course Demo	To be posted on OnlineAHA.org for end-users. Also to be used by field sales staff as sales presentation tool.
Heartsaver BBP Print and Web Banner Ads	For placement in key trade publications and on websites of key trade publications.
Heartsaver BBP Student Workbook Sample Pages	To offer a preview of the student workbook to existing and potential customers.
BBP Competitive Information	For staff education on competitive BBP products and courses.