

## Karen Paulsen, BSN, MSN

*Clinical Coordinator/Educator, Northwest Hospital and Medical Center*



Karen Paulsen currently holds a position in the Education Service department at Northwest Hospital and Medical Center in Seattle Washington as a Clinical Coordinator/Educator. As a Clinical Coordinator/Educator, Karen coordinates: the nursing orientation, ACLS, CNS/Educator Committee, lead CEARP planner; assists with BLS, nursing residency, critical care consortium, and the Community Health and Simulation Center (CHESC). She is an experienced and skillful Clinical Coordinator/Educator with the wide knowledge of the patient care, nursing services, communication skills and simulation. Karen is proficient in Medical/Surgical/Oncology and Critical Care nursing with advance knowledge of devices and upcoming technologies used.

Karen received her BSN in nursing, from Washington State University in 1984. In 2008 she advanced her nursing degree receiving her MSN with a clinical focus as a critical care clinical nurse specialist and educator from Seattle Pacific University. She has completed an educator certificate program in 2008 as well from Seattle Pacific University.

Karen has been involved in human simulation with manikin-based simulators for the past two years. She has helped establish the use of simulation into the nursing orientation and nursing residency program. She has assisted clinical nurse specialist and educators to add simulation into curriculum development for specific units by using scenarios that incorporate simulation into the learning objectives (example: "First 5 Minutes" to improve code response and communication skills). As part of the CHESC, education plans have extended beyond the hospital base and into the community. Program development has been and is being established for specific request from the community. A few examples are BLS with Camp AGAPE, the Boy Scouts of America and the Rainbow Girls, skills review for area school nurses, Urban Survival with Primary Care Associates incorporate home safety skills, prudent life style skills and BLS.

[www.laerdal.com/sun](http://www.laerdal.com/sun)